



Training Diary

August 2018 – January 2019



Old School, Westhill Road, Westhill, AB32 6FT

Tel: 01224 746699

Email: info@sensationall.org.uk

Web: www.sensationall.org.uk

PLEASE NOTE BOOKING IS ESSENTIAL FOR ALL TRAINING
Please contact info@sensationall.org.uk or 01224 746699 to book

SensationALL Services – Training and Advice

For anyone with concerns about your child's learning, motor skills, sensory processing, social communication or general development. A confirmed diagnosis or neuro-developmental condition is NOT essential to access our services.

Tea & Tips Advice Consultations (Ad hoc by arrangement)



If you have questions or concerns about your child/young person's condition, learning or behaviour or need some guidance on developing independence skills in key areas, such as, toileting, sleeping, self-care or introducing practical strategies? Come along and gain face-to-face support and practical advice from our highly-experienced therapy staff.

*£10 per hour. **Open to all parents/ carers of***

individuals with MSNs.

NEW Practical Strategy Workshops - Parent/Carer

These workshops are delivered in small groups (max 5 parents/carers) and focus more on applying theory into practice. Come along and share your home issues with our highly-experienced therapy staff and other understanding parents in our informal discussion and advice session over refreshments. Discussions topics will be guided by the needs of the parents/carers attending and may lead to a more extensive practical training workshop (or individual consultation) if this is more appropriate. Please get in touch to request a specific topic.



*£25 parents/carers. Booking essential. **Open to all MSN parents & carers.***

Sensory Processing Strategies (Thursday 30th August 9.30am – 12.30pm)

This content of this workshop has been developed to offer practical and tailored help, aiming to;

- 1) Increase your understanding of various sensory/behavioural issues seen in children with as well as combinations of sensory processing disorders, ADD/ADHD, autism, anxiety disorders and some other conditions.
- 2) Widen your appreciation of your child's particular behavioural presentations.
- 3) Increase your confidence with tailoring the application of sensory strategies to help your child.

Further planned topics include;

- Using & Making Effective Visuals
- Everyday First Aid for Parents
- Learning to CHILL-oot!
- Social & Sensory Stories
- Developing a Sensory Environment at Home
- SensationALL Behavioural Analysis
- Practical Strategies for Everyday Challenges (toileting, sleeping plans, promoting independence)

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Training Workshops – open to all interested parties.

£15 parents/carers, £30 professionals; Booking essential.

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Autism Friendly Masterclass (Monday 17th September 6.30 – 8.30pm)

Autism is more widely recognized in society with approximately 1 in 100 people experiencing the condition therefore it is likely you will be involved with children on the spectrum. Benefit from our trainers decades of experience in this field and find out how unique and intriguing autism can be, as there is always something new to learn. Training includes personal accounts, discussion of associated issues and practical strategies that can help to promote a spectrum- wide, positive focus on autism.

This is a useful introduction prior to attending our Autism Day workshop. Outcomes include;

- Improved understanding of autism conditions, associated behavioural presentations, including sensory issues, co-existing conditions and communication difficulties, particularly in relation to socialising.
- Increased interest in using an 'autism lens' to appreciate youngsters with autism and their presentations.
- Improved confidence and knowledge of strategies to promote good practice in engagement.
- Improved insight into the importance of taking a positive approach and utilising 'out the box' thinking and to optimise behaviour management.

Makaton Training (Friday 7th & 21st September & 26th October 9.30am-2.30pm & 12.30pm)

Delivered by NHS Makaton trained Speech & Language Therapists, this course will teach you as a parent/carer or professional key Makaton signing stages 1-4. Books and certificates included in price. Contact nhsq.makatonaberdeenshire@nhs.net for more details.



Oh Behave! (Monday 12th November 6.30 – 8.30pm)

What do we do when usual behavioural management doesn't work? Dealing with children and young people with additional support needs, often requires a more 'out of the box' way of thinking? This workshop will cover basic behaviour analysis, using SensationALL's uniquely devised ICEAS concept and introduce the importance of developing both PROactive & REactive strategies for promoting positive behaviour in your child's every day experiences.

Outcomes include;

- An increased appreciation of common MSN behavioural presentations.
- Improved insight into MSM related factors which affect behaviour and emotional well-being in youths.
- A basic understanding of the impact of adult involvement on behaviour in youngsters.
- Improved skills to analyse behaviour (using shared tools).
- Increased knowledge of strategies and confidence in dealing with youths with MSN and challenging situations relating to behaviour management.

TACPAC Training (Friday 7th December time TBC)

Tacpac is a sensory communication resource using touch and music to help communication and social skills. Come along to learn how to deliver the sensory based TACPAC approach using multi-sensory interaction and music.



Sensory Differences (Monday 14th January 6.30 – 8.30pm)

Outlines how our sensory system develops; how we make sense of our world through sensory experiences; sensory processing disorders & common impairments. Interactive workshop where participants can explore diverse sensory processing 'experiences' and as a result, consider developing appropriate accommodation or "Sensory Diet" measures within their own workplaces or homes. We recommend attending this workshop prior to the one on Sensory Room Design.

This is a useful introduction prior to attending Sensory Room Use. Outcomes include;

- An increased appreciation of common MSN conditions and associated sensory presentations in youngsters.
- Improved insight into sensory based behaviours including personal preferences.
- Increased knowledge of strategies and confidence in dealing with youths with sensory based issues and appropriate behaviour management.

Sensory Room Use (Monday 18th February 6.30 – 8.30pm)

Ever thought that your children would benefit from a calming corner? Wondered why particular children struggle to sit still for any length of time or seem unable to cope with a mainstream classroom? Discover how to use different sensory based activities within a controlled & safe environment (Sensory Diet). to affect a child's arousal level, ability to learn and their emotional wellbeing.

Outcomes include;

- An increased appreciation of common MSN conditions, common behaviour patterns and the importance of taking a sensory friendly approach.
- Improved knowledge of the positive impact of sensory environments, regardless of size and how to utilise everyday, low cost resources.
- Increased appreciation of how to proactively use sensory activities and environments to optimise attention, communication, behaviour and learning.

Further topics to be arranged

Growing Up & Relationships
Dyslexia Masterclass
Intensive Interaction
Emotional Regulation & Anger Management

Music Therapy
Fun with Food
PODD & Pixon Augmentative and Alternative Communication Systems

Bespoke Training

Training sessions can be developed and tailored around various MSN topics for different sized groups and training needs. 'In-service' and interactive training events, regarding autism and disability awareness can be catered for. Training can be arranged at your own venue. Charges vary and can be negotiated with SensationALL staff.