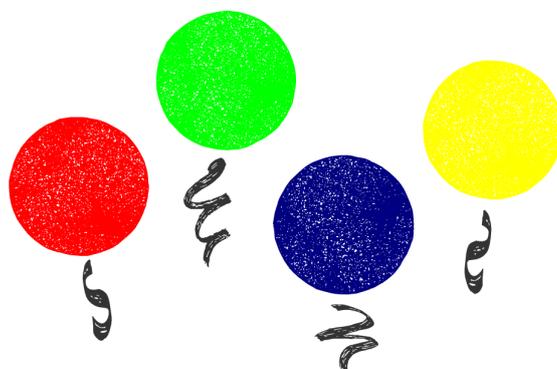


2019 SERVICE DIARY
JANUARY - JUNE



*sensation***ALL**

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pre-school

We offer early intervention for young children with or without a formal diagnosis. If you have concerns about your child's learning, motor skills, sensory processing, social communication or general development, these groups are designed to support you:

DROP IN MORNING



9.30am-12.30pm

8th January then first Tuesday of every month

Come along to this relaxed, free drop in session to meet the team, see our facilities and find out how we can help you

EARLY COMMUNICATIONS

Thursdays 10-11.30am

9th May - 20th June

Led by our Speech & Language Therapist and Service Practitioners, this 7 week programme encourages the development of communication skills through tailored activities. Our team provide the knowledge, skills and confidence that parents need to support the communication abilities of children with multiple support needs.

Parents/carers also have the opportunity to meet with and learn from other families.

£40 per 7 week programme

ASK US ABOUT...

Get in touch for more information about:

- Tea & Tips advice session for parents/carers
- Sensory room hire

SENSORY PLAY GROUP

Thursdays 10-11am

10th January - 28th April

This semi-structured group aims to assist children use their senses to explore and make sense of the world around them. Sensory play is crucial to brain development, language development, gross motor skills, social interaction and problem-solving. Fun activities devised by Occupational Therapists and practitioners will encourage touching, tasting, smelling, moving and hearing.

£5 per child (open to young siblings, max £12 charge per family)

STAY & PLAY SESSIONS

Sundays 1-2pm or 2-3pm

Fortnightly from 13th January - 23rd June

Informal free-play sessions for families with youngsters with multiple support needs and their siblings. Supported by experienced staff families can access our small, safe soft-play environment and have the opportunity to relax or explore our sensory room.

£5 per child (max £12 per family)



school age

A confirmed diagnosis is not required to access our services. We are here for anyone with concerns regarding a child's learning, sensory processing, social communication or general development. Our school age groups aim to support the whole family.

INCLUSIVE SOCIAL GROUP

Mondays 4.30-6pm

14th & 28th January then fortnightly from
4th February - 24th June

A drop-off group for primary school aged children with MSN and siblings offers an informal social opportunity in a safe environment to build friendships, learn new skills and have fun. Run by experienced practitioners and in conjunction with our sister Schools Out! after-school club, activities are led by the choices of those attending and often include board games, art/crafts; lego, bowling, table games and much more

£4 per child (snack included)

TEEN SOCIALISE

Thursdays 7-9pm

weekly from 10th January

This group is for teenagers with MSN who struggle to socialise and make friends. Led by experienced staff it is a semi-structured group providing opportunities for group activities like ball games, pool, quizzes, as well as a monthly event which involves a visitor/speaker, an off site activity or trip to promote community based social skills

£5 per session

CHILL-OOT!

Tuesdays 4.30-5.30pm

29th January - 26th March

This programme is designed to enhance learning potential, improve confidence and develop emotional literacy in children with MSN. They will learn how to regulate their mood, emotions and behaviour in a positive way. Sessions include relaxation techniques, breathing exercises, visualisation and group games related to developing coping strategies for anxiety, anger or stress.

£40 per 8 week programme

GIRLS GROUP

Tuesdays 4.30-5.30pm

weekly 23rd April - 11th June

Devised for girls age 8 and over who experience anxiety, self-regulation and social related difficulties, this programme integrates social skills based activities, informal topical discussions and fun practical tasks related to de-stressing. The girls are encouraged to work in pairs to gain confidence and boost self-esteem as well as form friendships. The expressive materials they develop during the programme help to practice and reflect on their new skills.

£40 per 8 week programme



adult

It is our aim to provide services to young people and adults that empower them to address the life long challenges associated with multiple support needs. Our adult groups are open to those age 16 and above.

MONDAY MAYHEM

Mondays 10.30-12.30pm
weekly from 14th January

Adults participate in a range of supported activities run by experienced SensationALL staff and volunteers. The activities are aimed at promoting social interaction, basic vocational skills and having fun! They include arts and crafts, music and movement, baking and snack making, social games supporting the development of life skills.

£15 per adult (with carer) per session

LIFE SKILLS

Dates arranged on demand

For young people and adults with MSN it can be difficult to manage the requirements of daily living as planning, preparing and following instructions can be challenging. This programme is aimed at individuals who have a need/potential to develop their independence and vocational skills in useful tasks such as making a cup of tea, simple cooking, creating an art project or gardening.

£10 per adult per session

MIDWEEK MAYHEM

Wednesday 11-12pm
fortnightly from 23rd January

This session is led by experienced SensationALL staff and the activities are tailored to accommodate those with more complex, diverse needs. The group has a strong sensory and experiential focus and activities incorporating sensory stories. The activities are aimed at promoting social interaction and having fun with music, movement and social games. Includes a snack

£10 per adult (with carer) per session

MUSIC MAYHEM

**DROP IN
SESSION**

Wednesday 6.30-7.30pm
weekly from 9th January

Music Mayhem is an inclusive drop in session for individuals of all ages with MSN and their families. Led by Music Therapy or SensationALL staff with song choices influenced by group members, the emphasis is on having fun and being social. Percussion instruments are available to use and boom-whackers, karaoke, dancing and sign language are often incorporated.

£4 per adult (with carer) per session