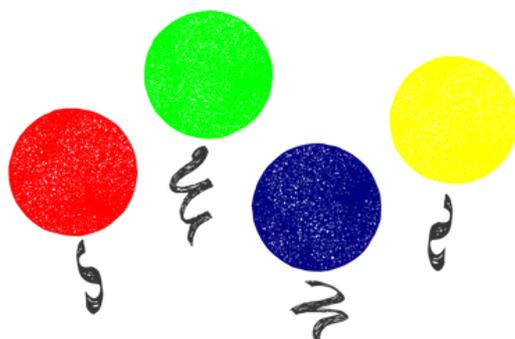


SERVICES



*sensation***ALL**

SC043156

Inclusive support for unique individuals

SensationALL provide therapy based services for children and adults with any support need or disability

No confirmed diagnosis required

www.sensationall.org.uk
info@sensationall.org.uk
01224 746699





children

Our experienced team, led by an Occupational Therapist, offer **early intervention** for young children with or without a formal diagnosis.

If you have concerns about your child's learning, motor skills, sensory processing, social communication or general development, we are here to help you and your whole family - siblings are welcome at most of our sessions.

We want to **empower** youngsters by providing the knowledge to understand themselves and the skills to cope better, all in an environment where they can be themselves.

PRE-SCHOOL

sensory play group A semi-structured group based on sensory play to aid development, motor skills, social interaction and learning.

early communications Led by our Speech & Language Therapist, this 7 week programme encourages the development of communication skills and provides the knowledge, skills and confidence that parents need to support the abilities of children with multiple support needs.

stay & play sessions Informal fortnightly free-play sessions for families with youngsters with multiple support needs. With the support of our experienced staff, families can access our safe soft-play environment and explore our multi-sensory room.

“ it's great to have somewhere he can be without being judged! ”

chill-out! An 8 week programme to improve confidence and emotional literacy, regulate mood and behaviour in a positive way. Relaxation techniques, breathing exercises, visualisation, sensory and specially designed games will introduce coping strategies for anxiety, anger or stress.

girl's group For girls aged 8+ who experience anxiety or social difficulties, this programme integrates social skills activities, informal discussions and fun practical tasks to promote self-regulation and de-stressing.

sibling sessions Providing valuable support for the siblings of children with MSN, this group gives them the opportunity to be themselves, express feelings, be creative with self-made practical strategies and make friends with those in similar situations.

inclusive social group Semi-structured, drop-off group for (our registered) children with MSN and their siblings that provides an opportunity to build friendships, learn new skills and have fun.

teen sociALLise For teenagers with MSN who struggle to socialise and make friends this semi-structured group provides opportunities for group activities as well as monthly events with a visitor/speaker, off-site activity or trip to promote community-based social skills.

SCHOOL-AGE



adult

It is our aim to provide services to young people and adults that will promote their **independence and life skills** to help them address the life long challenges associated with multiple support needs.

Our adult groups are open to those age 16+ and individuals must attend with a parent/carer.

monday mayhem

Adults participate in a range of supported activities aimed at promoting social interaction, basic vocational skills and having fun! They include arts and crafts, music and movement, baking, games supporting the development of life skills and snack making for social break time.

midweek mayhem

The activities in this fortnightly group are tailored to accommodate those with more complex, diverse needs. Focused on strong sensory activities which are aimed at promoting social interaction and having fun with music, movement and experiential activities. Includes a social refreshment break.

life skills

This programme is aimed at young people and adults with MSN who have the potential to develop their independence and vocational skills in useful household tasks such as simple cooking, or gardening. Activities are graded and tailored to individuals abilities and promote skill planning, preparing and following instructions.

“ From participating in *Life Skills with Poppy* I have learned how quickly someone with additional needs can learn and progress so quickly with their new found life skills. ”

music ALL

**DROP IN
SESSION**

Music Mayhem is an inclusive drop in session for individuals of **all ages** with MSN and their families. Led by Music or SensationALL staff with song choices influenced by group members, the emphasis is on having fun and being social. Percussion instruments are available to use and boom-whackers, karaoke, dancing and sign language are often incorporated.

multiple support needs (MSN)...

is the term we use to recognise the many factors that affect the lives of our attendees. We prefer this to Additional Support Needs (ASN), which is linked more with education.



facilities & training

We know that for parents/carers of those with multiple support needs it can often be difficult to access useful advice and specialist facilities suited to your specific requirements.

At SensationALL we want to provide a place where you and your family **feel you belong** where you can have access to the **knowledge** and **expertise** required to enable you to make beneficial changes to daily life.

drop in mornings

Come and check out the Old Schoolhouse at one of our relaxed, **free drop in sessions** - usually the first Tuesday of every month. Meet the team, look round our facilities and find out how we can help you.

tea & tips

You can book a **private advisory consultation** with one of our experienced Therapy Staff who can provide guidance, advice and suggestions on all matters relating to development techniques, self-regulation, behavioural management and coping strategies. They will also signpost you towards beneficial services that we and other agencies provide to support you and your family.

sensory facility hire

Our **soft play** and **sensory rooms** are available for private hire to individuals, families and support groups. Our staff will demonstrate the specialist resources according to individual preferences however, sessions are not supervised by SensationALL so individuals must be accompanied by family or carers at all times.

We have an adjustable changing table and mobile hoist available to use - individuals must bring their own slings.

training workshops

Our experienced staff use their in-depth knowledge to deliver **informative, interactive and fun workshops** on key MSN related topics.

Please contact us for dates of upcoming courses:

- **Sensory Differences**
- **Autism Masterclass**
- **Become Autism Friendly**
- **Oh Behave!**
- **Sensory Processing & Differences**
- **Sensory Spaces**
- **Regulation & Relaxation**
- **Practical MSN Strategies**
- **Skills for School & Life**
- **Puberty & Relationships**

practical parent workshops

Delivered in small groups for parents/carers and focused on developing tailored home-based practical strategies. Topics include (but are not limited to):

- **Using Visuals Effectively**
- **Managing Behaviour**
- **Practical Strategies**
- **Sensory Issues**