

VIRTUAL GROUPS

PICK 'N' MIX

Video call - 30 min £5
Various times available

As we temporarily can't hold face to face groups, we don't want you to miss out on your SensationALL therapy time! We are here to help you adapt to your new routine at home.

These 30 min free-time sessions via Microsoft Teams or Skype enable your family to interact with our team while doing an activity of your choice.

Play games, chat or watch as they guide you through a fun sensory activity you can do from home. All whilst receiving informal support and guidance from Rebekah & Suz.

A consent form must be completed by parent/carer beforehand.

SOCIALLISE

Video call - 45 mins £5
Thursday PM

For attendees of both Teen SociALLise and the Young Adult Project (YAP) we are offering an online, virtual group forum led by SensationALL staff.

Use the session to keep in touch with friends, game together and share ideas whilst being supported by our team.

For ages 13-25

CHILL OUT/GIRLS GROUP ONLINE!

Video call - 30 mins £5
Various times available

Just like in our self-regulation programmes these 30 min sessions are focused on sharing the skills and techniques to help your child develop social and emotional regulation.

This is a confidential space to speak when you can speak to us about worries or anything you're struggling with in these uncertain times.

A good refresher session for those that have attended group before, or a great way to be introduced to this format and how it can help you at home.

For ages 8-12

TEA & TIPS ADVISORY SESSIONS

Telephone Consultation
1 hour - £10

For parents, carers & professionals who need advice and guidance from our specialist staff.

Following our normal format the 1 hour consultation with Occupational Therapists Suz or Fran will focus on your challenges & needs and we'll provide invaluable practical techniques for you to use at home to support you & the whole family.

All sessions must be booked in advance by emailing, info@sensationall.org.uk