

FREE

# EASTER HOLIDAYS SESSIONS 2021

FREE

We've created a fun programme of sessions for this year's school Easter holidays!

If you have any questions regarding virtual delivery or if you need help with IT equipment, please [talk to our team](#).

Group sizes are small in order to accommodate the needs of all participants.

Advance booking essential by email:  
[info@sensationall.org.uk](mailto:info@sensationall.org.uk)



## Show & Tell

Monday 5th April  
1.30pm - 2.30pm  
OR  
3.00pm - 4.00pm

### For primary school age children

Take part in fun challenges led by skilled staff who will encourage children to practice communication and listening skills during 'getting to know you' games and show & tell time.

The session will enhance confidence and help youngsters build positive relationships.

Prior to the video call you will be given a fun challenge to complete and share with us during the session.



## Chill-oot! Taster

Tuesday 6th April  
~~1.30pm - 2.30pm~~ **FULL**  
OR  
3.00pm - 4.00pm

### For school-age youngsters struggling with emotions or behavioural issues

This taster session of our popular self-regulation programme will help promote self awareness.

This taster session is an introduction to our **Mindset** module and is packed with fun games and activities to promote confidence and emotional regulation.

Plus, fun relaxation exercises and stretches.



## Ready, steady, craft!

Wednesday 7th April  
1.30pm - 2.30pm

### For school aged youngsters

Simply choose 5 items from your recycling and have them ready to create whatever you want.

Our hour long session will provide a fun, safe space to be creative while making friends.



## Music and Movement

Wednesday 7th April  
3.00pm - 4.00pm

### For all ages and abilities!

A relaxed session of inclusive dancing, music and movement, led by our SensationALL team.

An hour of dancing and singing before some calming stretches and a yoga 'sleep'!



## Easter Egg Hunt

Thurs 8th of April  
1.30pm-2.30PM

Join the SensationALL team in a fun active challenge to work out the clues to find the lost Easter bunny and their chocolate eggs around our Old Schoolhouse!

What will you find? Will your discoveries find their way to your house!?

**FULLY BOOKED**