





We aim to share our wealth of knowledge from our 20+ years' of experience working with individuals with support needs and complex conditions. Our practical training sessions help parent/carers or professionals understand more about neurodiversity and how best to support individuals with support needs.

This block of workshops are taking place at: Fly Cup Unit 2 Burghmuir Circle, Inverurie AB51 4FS

WEDNESDAYS

10am-12pm £10 per workshop OR £25 for all 3



1st June - Introduction to Neurodiversity & Autism

Many children present with neurodiverse presentations, whether due to conditions like autism, ADHD or dyslexia or as a result trauma. We'll discuss common presentations such as information processing, demand avoidance behaviour, communication and social skills or emotional and sensory regulation. We focus on strengths and positives of the neurodiverse mind and will also talk about the importance of using a neurodiverse filter and good practice strategies.

15th June - Sensory Issues

The content of this training will include the significance that each of our senses plays on our understanding of the world and feeling safe. There will be opportunities to explore different sensory experiences and resources. We can help you understand sensory based behaviours, explain how to develop basic sensory profiles and incorporate a daily proactive sensory approach to meet your child's needs.

29th June - Self-regulation

The influence and impact of sensory processing and modulation are extremely important in the role of both emotional and sensory regulation. The content of this training will refer to current neuroscience research including theory application about arousal states and how this can present when processing and modulation of information is impaired. We will focus on the integrative use of energy levels, sensory menu activities and the promotion of a child's self-regulation awareness.

Advance booking essential by email: info@sensationall.org.uk