

# Support group for *Neurodiverse* adults

**Are you an adult with a suspected or diagnosed neurodiverse condition like Autism or ADHD?**



**Weekly on Tuesdays**  
**From 21st November 2023**  
**6.30–8pm**

At SensationALL, Belgrave House,  
Rosemount, Aberdeen, AB25 2NR

Reserve your **FREE** place by emailing:  
**info@sensationall.org.uk**

**Confused about your condition  
or want to learn more about  
your neurodiversity?**

**We can help!**

Meet and socialise with other like-minded adults in a relaxed environment. Get support from specialist neurodiversity practitioners.

Each week we'll chat about a different topic, compare experiences and the SensationALL team will share their practical advice and knowledge.

**Open to adults 18 years+**  
**No formal diagnosis required!**