

Support group for *Neurodivergent* adults

Are you an adult with a suspected or diagnosed neurodivergent condition like Autism or ADHD?



Confused about your condition or want to learn more about your neurodiversity?

We can help!

Meet and socialise with other like-minded adults in a relaxed environment. Get support from specialist neurodiversity practitioners.

Each week we'll chat about a different topic, compare experiences and the SensationALL team will share their practical advice and knowledge.

Open to adults 18 years+
No formal diagnosis required!

Weekly on Tuesdays
6.30–8pm

At SensationALL, Belgrave House,
Rosemount, Aberdeen, AB25 2NR

Reserve your **FREE** place by emailing:
info@sensationall.org.uk