

*Recharge and
reset at our...*

Family Support Sessions 2025

Informal get-together led by our Family Support Practitioner, who is also a parent of a child with additional support needs. These groups are chance for parent/carers to meet others who understand what it is like caring for someone with complex needs.

Chat over a cuppa about topics important to you and your family and compare notes on what works (or doesn't!) in different situations.

You are not alone. Come and join our community!

Westhill Family Support

The Old Schoolhouse, Westhill
Wednesdays, Fortnightly
10-11.30am

- 27th August
- 10th September
- 24th September
- 8th October

City Family Support

Belgrave House, Aberdeen
Tuesdays, Fortnightly
10-11.30am

- 2nd September
- 16th September
- 30th September



For more information contact Jo, our Family Support Practitioner:

familysupport@sensationall.org.uk

Sessions are free but a suggested donation of £2 to cover refreshments is appreciated.