

October holidays

Outreach locations

sensation **ALL**

Stonehaven



Chill-OOT Town Hall - Tuesday 14th October

A fun session for youngsters struggling with 'big' emotions. This introduction to our termtime programme focuses on developing self-awareness and teaches self-regulation techniques through activities such as glitter bottle crafts, sensory fidget exploration, and active calming games.

Primary School ages (6-10) 11.30-12.30pm £6 per child
Secondary School ages (11-16) 1.30-2.30pm Drop-off session



Family Sensory Play Stonehaven Town Hall - Monday 13th October

For families with primary school-aged youngsters (siblings welcome)

Explore a range of sensory materials and equipment together as a family. Ideal for youngsters who find it difficult to manage sensory experiences and/or control their behavioural responses.

Sessions are full of fun games and activities to improve confidence and help you learn about sensory preferences as a family.

Parents/carers stay onsite and participate in the session! £8 per family
11:30-12:30pm **OR** 1.30-2.30pm

Peterhead



Chill-OOT St Mary's Church - Tuesday 15th October

A fun session for youngsters struggling with 'big' emotions. This introduction to our termtime programme focuses on developing self-awareness and teaches self-regulation techniques through activities such as glitter bottle crafts, sensory fidget exploration, and active calming games.

Primary School ages (6-10) 10.30-11.30am £6 per child
Secondary School ages (11-16) 1.30-2.30pm Drop-off session

Inverurie



Family Sensory Play Fly Cup - Monday 20th October

For families with primary school-aged youngsters (siblings welcome)

Explore a range of sensory materials and equipment together as a family. Ideal for youngsters who find it difficult to manage sensory experiences and/or control their behavioural responses.

Sessions are full of fun games and activities to improve confidence and help you learn about sensory preferences as a family.

Parents/carers stay onsite and participate in the session! £8 per family
10.30-11.30am **OR** 12.30-1.30pm

Fraserburgh



Chill-OOT Fraserburgh Leisure Centre - Tuesday 21st October

A fun session for youngsters struggling with 'big' emotions.

This introduction to our termtime programme focuses on developing self-awareness and teaches self-regulation techniques through activities such as glitter bottle crafts, sensory fidget exploration, and active calming games.

Primary School ages (6-10) 10.30-11.30am £6 per child
Secondary School ages (11-16) 12.30-1.30pm Drop-off session