

# Session Volunteer



**Location:** Westhill or Aberdeen (opportunities to support Outreach services across Aberdeenshire)

**Hours:** Approx. 1 hour per week (but this can vary)

**Reports to:** Volunteer Coordinator

## What does a Session Volunteer do?

Support our service users during activities such as baking, crafts and music. You will be a vital 'extra pair of hands' for our staff during sessions. This role gives the opportunity to form great connections with our services users as well as exploring the tools and techniques our team use to support them.

Tasks will also include:

- Set up for sessions, making refreshments
- Cleaning/tidying after sessions

## What skills are important in a Session Volunteer?

- Compassionate
- A positive outlook
- Flexible
- Punctual
- A willingness to help and make a difference

## What will you get out of volunteering at SensationALL?

- Meet new people
- Fulfilment of giving back to the community
- Develop a new skill set; hands on experience working with neurodivergent individuals
- Gain confidence
- Improve your employability

## READY TO VOLUNTEER?

Email us at [volunteering@sensationall.org.uk](mailto:volunteering@sensationall.org.uk) to find out more or apply.