

Session Volunteer



- Location:** **Westhill or Aberdeen**
(plus there are occasional opportunities across Aberdeenshire)
- Hours:** **Average. 1.5 hour per week** (but this is up to you!)
- Reports to:** **Volunteer Coordinator/Service Team Lead**

What does a Session Volunteer do?

Help our service users to take part in games and activities such as baking, crafts or music. You will be a vital 'extra pair of hands' for our staff during play sessions and social groups. You'll form connections by supporting service users who have additional needs and require support through our specialist tools and techniques. But don't worry, you won't be left unsupervised by our staff and you don't need any experience as we will provide training.

Tasks could also include:

- Setting up for sessions
- Making refreshments (tea/coffee/juice etc.)
- Tidying up after sessions

What makes a great Session Volunteer?

- Compassion
- Positivity & friendliness
- Flexible
- Punctual
- A willingness to help and make a difference

What you will get out of volunteering:

- Meet new people
- Fulfilment of giving back to the community
- Gain confidence
- Develop new skills and experience of working with neurodivergent people
- Enhance your CV, improve your employability

READY TO VOLUNTEER?

Email us to find out more or apply:
volunteering@sensationall.org.uk